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## REGIS AT WORLD YOUTH DAY

See what some of our fellow students did down under.



See Page 4

## THAI BAO GREAT FOOD, COLLEGE BUDGET!!!

See Page 10



## MUSIC HIGH

Highlander staffer Brett Stakelin shares his review of the Mile High Music Festival.

See Pages 11-12



REGIS UNIVERSITY

# Highlander

a weekly publication



Serving the Regis community since 1877

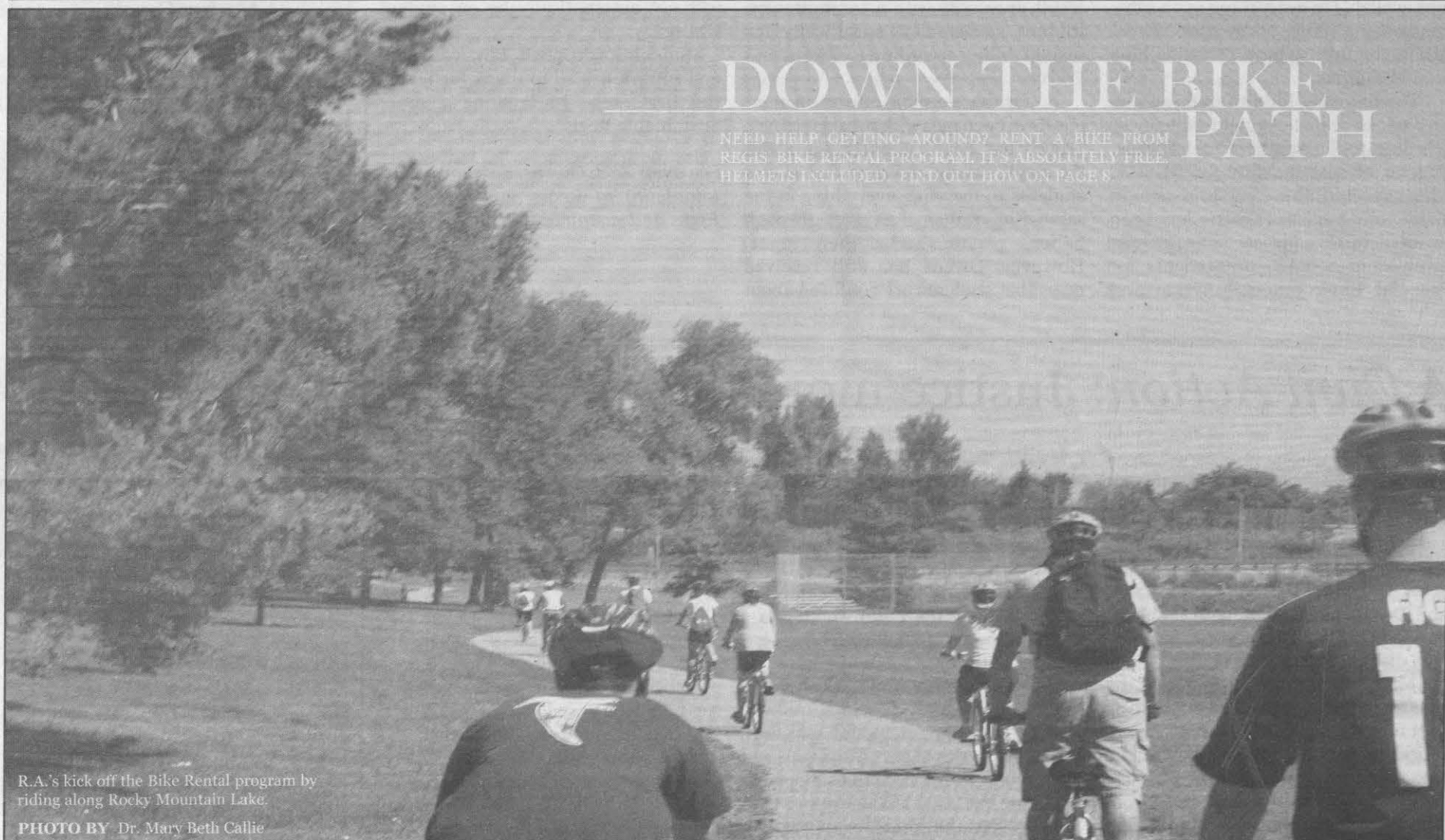
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September 15, 2008

## DOWN THE BIKE PATH

NEED HELP GETTING AROUND? RENT A BIKE FROM REGIS' BIKE RENTAL PROGRAM. IT'S ABSOLUTELY FREE. HELMETS INCLUDED. FIND OUT HOW ON PAGE 8.



R.A.'s kick off the Bike Rental program by riding along Rocky Mountain Lake.

PHOTO BY: Dr. Mary Beth Callie

## Regis to "Race for the Cure," still not too late to sign up

Vince Garzone  
Staff Reporter

A bit of stretching and training has got some Regis folks pumped for a good cause.

On Oct. 5, two Regis teams will participate in the Komen "Race For the Cure" event which hopes to raise funds and awareness for the fight against breast cancer. The race will be held in Denver, and is sponsored by the Susan G. Komen for the Cure group, which, according to their website, is "the largest grassroots network of breast cancer survivors and activists fighting to save lives."

Denver is holding one of the largest races in the country, competing with nearby St. Louis. With just under a month away from the race date, 10,903 participants have already registered along with 1,021 teams. Regis has two teams.

Peggy Dawson, staff advisory council chair, heads up the Regis Rangers for the Cure team.

The Staff Advisory Council has kept the team going for approximately seven years now, and includes around 25 participants to date.

"We have a number of people at Regis running in the race that have a personal connection with breast cancer, and we want to show that Regis is a big supporter for the cause," Dawson said.

Steve Jacobs, assistant vice president for academic affairs, also feels Regis' participation will be a positive experience.

"Participating is directly in line with the Jesuit mission, which is: Fulfilling our obligation to society by supporting women and men in the Jesuit tradition to be leaders in their families, communities, and vocations," said Jacobs. "Through participating in the Race for the Cure, we want to support our own people who have suffered, connect with and support the surrounding community."

The other team representing Regis is one put together by a new student

group called AMF, or Ailing Mothers and Fathers (AMF).

AMF is a new student group on campus that provides support to those who have lost loved ones. AMF is a national organization with year being Regis' first year with a chapter.

Kristen Wolfgang, a junior nursing major from Longmont, CO, is the Co-President of AMF along with Megan McLaughlin, also a nursing student.

"AMF is where those who have lost a loved one can be amongst those with

AMF team. A total of 75 people are currently signed up, with the komendenver.org website ranking the Regis AMF team 15th out of 36 in funds raised by school/college/university.

"There are lots of people with personal connections that participate in the event, and that's what can make the event so special if you want it to be," said Wolfgang. "However, you don't have to have a personal connection to care about the cause or participate. It is a very warm and welcoming

It is truly amazing to see such a large mass of people moving in support of those affected by cancer.

a shared experience and find support. It is also a good alternative for going to counseling," said Wolfgang. AMF also hopes their team will "provide camaraderie and bring together other people who support the cause."

For Wolfgang, this will be her 12th time participating in the Race for the Cure. She is also the captain of the

experience, and there are so many ways to get involved. It is truly amazing to see such a large mass of people moving in support of those affected by cancer."

See Race on page 2



## Sustainability Update: What's green at Regis?

**Amber Alarid**  
Staff Reporter

The new school year at Regis began with new books, new school supplies, new clothes, and new recycling bins. The bins are the final phase of a three step plan to create a "Sustainable Regis."

A few years ago, RUSGA and Physical Plant joined together to create a plan that would bring recycling to Regis. The plan included three steps, to get recycling in on-campus housing, to assess the progress and educate students, and finally to expand the recycling outward around campus.

Marcus Trucco, student government president, says that in an effort to get recycling on campus in a timely fashion for students to use, RUSGA and Physical Plant completed steps one and three first. The 2007-2008 school year was the first year to have recycling bins available in every room of on campus housing. This 2008-2009 school year is the first to have recycling bins around campus.

The recycling bins around campus arrived in early August, ahead of schedule, to the delight of Zach Owens, director of sustainability for RUSGA, who expected the bins to come in about mid August. Owens has been invested in this project since he was involved in SPEAK, or Students for Peaceful Environmental Action and

Knowledge, which was a club here at Regis.

This year SPEAK was in a sense reborn into a committee on sustainability, as part of student government (see article by Zach Owens). Owens' position now gives him access to student government funds in order to promote environmentally friendly living on campus. Owens' committee will be in charge of promoting recycling and the bus passes.

This committee was created after Owens met with former Student Body President Zac Garthe and former Vice President (now president) Marcus Trucco about the importance of recycling on campus. Trucco says recycling is becoming a student movement that RUSGA wants to support. It was because students showed interest in the cause that Owens was able to form a new committee on RUSGA, a first for Jesuit universities. Regis is the only Jesuit university with a committee on student government specifically for sustainability, according to Owens and Trucco.

So far the recycling efforts on campus have been met with mixed feelings. Trucco has heard good things about the single stream recycling that allows students to recycling everything in the same bin, rather than sort through paper, plastic and other items. However, Owens has still received news that students are confused about

where recycling bins and dumpsters are.

White recycling dumpsters are behind each of the dorms, and behind Residence Village for the convenience of students (trash dumpsters are dark). Outdoor recycling bins, a large majority of them are blue, can be found around campus, including the front of the Student Center. In addition, recycling bins have been added to the Field House where various athletic events take place.

Each student room has a bin for trash and one for recycling. Recycling bins have a large sticker that lists what can and cannot be recycled.

Beginning this school the Sustainability Committee will a range of issues, including education about recycling and the bus passes. One of the issues Owens now faces is finding the most efficient way to distribute bus passes in the Spring, since the stickers will not automatically be on student IDs again.

Student Government, Physical Plant, and SPEAK are all to thank for taking the first steps to creating a more Sustainable Regis.

*See what Zach Owens, director of sustainability at Regis, has to say on Regis and sustainability on page 4.*

## A Civil Action: Justice more than numbers

**Amy Smith**  
Staff Reporter

On Tuesday, Sept. 9, 30 students gathered in the Ranger Grille to watch the 1998 film, *A Civil Action*, starring John Travolta. Dr. Mary Beth Callie and Dr. Elenie Opffer, both assistant professors of communication, facilitated a discussion afterwards.

Many of the students had seen the first 10 minutes during Orientation, as part of a session that examined expectations for college and previewed the idea of the core educational experience at Regis. After watching clips from film and TV programs that depict the "college experience," over 30 faculty and upper division students facilitated small group discussions in Loyola and Main Hall.

Some small groups also watched the first ten minutes of the film "A Civil Action." The session was planned by Dr. Callie, student Orientation interns Mo McGoff and Gina Zeuch, and Dave Law, director of Student Activities. Participating faculty and Dr. Kathy Maes, associate dean of Core Education also provided input.

"We wanted to present a character who faced the question we all face, and that the Regis core educational experience emphasizes, 'Who am I and who do I want to become?'" explains Callie. The film also provided the opportunity to reflect on a situation that involved questions of social and environmental justice.

The film, which is based on true events and the book by Jonathan Harr, takes place in Woburn, MA. In the opening of the film, Jan Schlichtmann (John Travolta), a personal injury lawyer from a small firm, seems motivated by money, power, and status. In voiceover, he explains that a person's worth can be quantified, with an adult male, in the prime of his earning

potential being worth the most, and a child the least.

Schlichtmann's firm is then asked to represent Woburn families whose children have died of leukemia. The question becomes whether the deaths have been caused by the city's contaminated water supply, and whether two companies are responsible for that contamination.

Schlichtmann initially takes on the case with the goal of making millions and establishing a name for his firm, but after a series of case dismissals and encounters with the families, he starts believing the issue is about more than money. In the end, even though Schlichtmann wins a settlement and helps the EPA to take action, he goes bankrupt and essentially loses every possession he has.

After watching the film, students joined in a discussion about the "things by which one measures one's life," as one character says at the end of the film.

"This film served as a way to begin to engage with the core mission question here at Regis: 'how ought we to live,'" says Callie. At Regis, as explained in the philosophy statement, the core curriculum strives to "apply knowledge to human needs and preserve the best of the human heritage" while simultaneously "encouraging the continual search for truth, values and a just existence."

In *A Civil Action*, "Schlichtman's initial attitude suggests he believes money is the key to a meaningful life, but after a transformation of consciousness, he sees that material gain doesn't necessarily provide sustained fulfillment," says Opffer.

"One key question, from a core educational perspective is whether the families get the justice they want," says Callie. The families stress they want an apology and the area cleaned up.

Regis challenges students to continually examine issues regarding social justice, freedom, and the common good. For student viewers, the film provides the opportunity to reflect on issues of social justice and responsibility.

"I think the more knowledge [we] accumulate about social issues, the more [we'll] be interested to explore—which is progress in itself," says first year student Ross Lehuta.

"In addition to students focusing on career paths, Regis' core emphasizes the importance of balancing personal goals with sustaining the planet and human life," says Opffer.

"I came without any expectations for the film—but it stood out to me how Jan, a prideful man, reached his final reconciliation when he realized life is about more than tangible things," says first year student Skylar Colclazier. "It shows that there's more to justice than numbers."

### Race from front page

#### WANT TO GET INVOLVED?

The Regis Rangers for the Cure team is open to all members of Regis University. Funds raised will go to outreach and awareness programs in the Denver area, and to breast cancer research. Those interested in participating through the Regis Rangers for the Cure team should contact Peggy Dawson at pdawson@regis.edu.

The AMF team is open to all students at Regis University and also has a registration deadline of September 18th. Those wanting to participate can register at komendenver.org by selecting the Regis Students of AMF team or captain Kristen Wolfgang.

**Contact the Highlander**  
3333 Regis Blvd, Mail Stop I-8  
Denver, CO 80221

#### Our Mission:

As the staff of the Regis University weekly publication, the *Highlander*, we intend to serve the campus and the neighborhood by providing a forum for news, information and exploring ideas. Our publication is designed to cultivate awareness, understanding and dialogue about matters of community importance.

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Submissions are encouraged from our readers. Email submissions to highlandersubs@gmail.com by 12:00 p.m. every Saturday for consideration. All submissions will be reviewed to ensure suitability of content and quality of thought. Editorials are the opinions of the author, and therefore may not necessarily reflect the views of Regis University or the *Highlander*.



# Fr. Sheeran offers remarks on the State of the University

Friday, Sept. 5, over 300 Regis faculty and staff gathered in the Regis Chapel to hear Fr. Michael Sheeran, S.J., president of the university, give the annual "State of the University" address.

## Our Tight Year

If the information pipeline on campus is as good as normal, then you have probably heard that the University is looking at a tight budget year.

I can confirm that the information pipeline is correct. This year the budget is tight and it is especially important that we all use our budgets wisely throughout this fiscal year. We've successfully passed the first hurdle: Each of the three Colleges in the University is on target to make its enrollment goals.

But tightening your belt does not mean starving yourself. The idea is to be careful financially, but not to exaggerate the problem. For example, we have trimmed back on the costs for today's luncheon but not eliminated it; and the Christmas Party this year will take place, but we will scale it back somewhat to ensure we are keeping this year's tight budget in balance.

What may not be on the information pipeline, however, is WHY we are in a tight budget year.

--Preparation for the Pharmacy program - upfront costs, no student yet to cover those costs.

--Change of status with Bisk and MBA recruiting - more initial costs long term better for the University

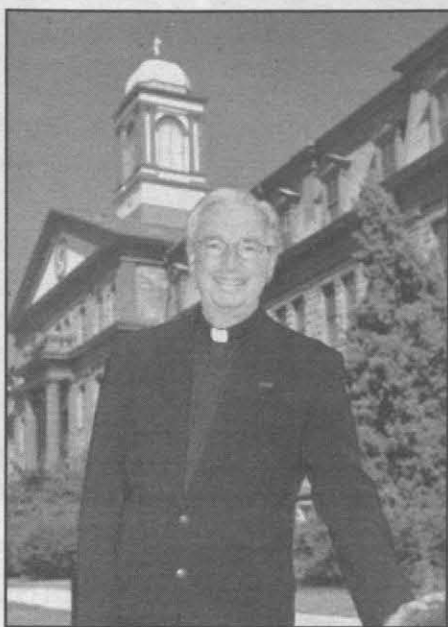
We believe these moves and the tight budget that has resulted are short term and that these investments will pay large dividends for the University over the next few years.

I wanted to get the budget information to you right up front, but I also want you to know that the State of your University is quite good. It's parallel to what all of us are doing with our cars: The price of gasoline does not mean we stop driving entirely but that we plan our trips and share rides to save on gas.

## A Word of Thanks from Last Week

We started our year a week later because of the Democratic National Convention and our University's role in hosting the prestigious Washington Center program. This nonpartisan program brought more than 400 students from across the country to Regis to study the political process and observe and work at the Democratic National Convention. Let me say that this was a major undertaking and drew on faculty and staff campus wide. The reviews from the Washington Center staff and students are that Regis was one of the best hosts they have had since they began this program in the early 1980s.

I would like to acknowledge the work of everyone involved in making this Washington Center program such a success. Thanks to University Relations, Student Life, Housing and Conference Services, Physical Plant, Campus Safety, Information Technology, Media Services, Sodexo and the Office of the Provost, AND ALL THE FACULTY, STAFF, AND ALUMNI VOLUNTEERS.



**Our University reaccreditation process**

I knew something special was happening when the team chair came into my office to chat just before the end of the visit and wept. He was so moved by how we were supporting one of the freshmen he happened to have lunch with that he had to tell me about it and tell me that the team thought our relationships with one another and with our students was the singular stamp of Regis University.

It's no surprise that our accreditation review last spring was an overwhelming success. My thanks to Steve Jacobs and his committee for the outstanding work in preparing for the visit and painting an honest picture of our strengths and limitations.

Here are some quotations, NOT FROM THE SELF STUDY, but from the visiting team's report:

"Faculty members are dedicated to their disciplines as well as to Regis' mission....Faculty members are innovative in their pedagogy, and stress the theory/practice components of their disciplines." [Here's an indicator of their thoroughness:] "In person and [in on the] phone conversations with some 50 faculty from the College for Professional Studies, the team found a strong connection to the Regis mission on the part of both full-time and affiliate faculty."

"An example of employee commitment to Regis' mission can be seen in the fact that...over 400 employees engaged in mission leave [activities] between 2004 and 2007."

"In the team's opinion Regis is moving, as one administrator put it, from 'tolerance to inclusivity in the area of diversity.'"

We received an overwhelmingly positive review and a full 10-year accreditation. It was without question the best accreditation result the University has received and that is a credit to all of you in this room.

Thanks to all of you for living our mission and making it so visible to others.

Improving the priority setting processes in Information Technology. This past year we have also made an important move in our information technology area. We all know how important technology has become in our lives and with the help of an outside consultant and our own IT staff, we have established a new Executive level governance structure that will guide our Information Technology decisions for the future.

Updating our Master Plan both for the long run and for the next five years.

And although our campus environment has changed dramatically for the better as a result of our recent cam-

paign, we continue our efforts to plan effectively for the future. We are updating our new Lowell Campus master plan to ensure we have facilities that meet our future needs and that keep pace with our excellence in the classroom.

## Regis College

The convocation for the new class was conducted on Wednesday and 423 freshman have reported for classes this year, which is the largest freshman class in history. That compares with 419 last year and 412 in Fall 2006. There, of course, will be some adjustments in those numbers over the next week or so, but this is a very good class overall.

Academically:

20% are in top 10% on ACT nationally  
38% are in top 10% of class  
13 are valedictorians  
65% are Roman Catholic (of the 54% who report a religious preference). Judaism, Latter Day Saints, a variety of mainline Protestant denominations are represented.  
23% are students of color  
66% are female and  
34% are male

## Rueckert-Hartman College for Health Professions

20 years ago RHCHP stepped on this campus for the first time with 70 students as Loretto Heights College closed its doors. This year, RHCHP welcomes 2,574 students.

The Accreditation Council for Pharmacy Education has granted approval for a site visit to consider the University's request to establish a School of Pharmacy. The visit is scheduled for November 5-7th. This is a very significant step. Of the four universities who requested an initial visit, only two -- Regis and one other were granted visits.

Nursing is in the process of developing a proposal to add a Doctor of Nursing Practice program (DNP). The nursing accrediting agency (CCNE) and other nursing specialty organizations have mandated the DNP for advanced practice nurses by 2015. This would be the university's third professional doctoral program.

The DPT program of the School of Physical Therapy was ranked nationally -- 29th -- in the Best PT Schools of the Nation by US News and World Report in its March 2008 publication. This reflects the growing reputation the program is developing and the strength of faculty accomplishments.

## College for Professional Studies

As CPS celebrates its 30th anniversary next week, I can report great news. The Fall new student enrollment numbers are very encouraging for CPS. The anticipated number of new students for the first term in the fall was 831 and the term began with 1063 new enrollments exceeding the target by 28%. These are very strong new start numbers considering the current economic conditions.

As mentioned earlier, we began our efforts to change over the online MBA marketing from Bisk. The first group of students was expected to be 50 new students and 57 started. This fall MBA student numbers for classroom and online have again exceeded expectations with a goal of 198 new students and over 200 started the term.

Among degree-granting U.S. colleges and Universities only 37% have fully online degree programs. Regis University is one of the 75 largest schools nationally by online headcount.

A second class of Ignatian Faculty Scholars will be beginning this month. 11 CPS faculty will participate and be mentored by the faculty who participated last year, the initial year of the program. The program is designed to provide an opportunity for a scholar to examine his/her self, his/her place and calling as an educator, to articulate and apply Jesuit principles and mission-driven pedagogical tools to curriculum, and to support mission-oriented, scholarly work in his/her discipline area.

The CPS Education school is completing a partnership agreement with Clark County Schools in Las Vegas, Nevada to become their Autism specialization provider.

The School of Humanities and Social Sciences is developing a proposal for a BFA in conjunction with the Community College of Aurora's Colorado Film School.

CPS is particularly proud of the Compassionate Road Project to assist Tanzanian Hospice organizations in addressing emotional and spiritual needs of the Tanzania community as they deal with devastating losses due to the AIDS epidemic.

Things are going so well because, by and large, we are who we say we are, a place where we find meaning in serving our students and serving each other. But let me tell you of a fear I have. Sometimes, when I find myself musing about our improved facilities - the science building and this chapel, for example - I think of the school where I got my doctorate. It started as a Presbyterian college "to prepare Christian gentlemen." Quite a few years after its foundation, a visiting committee of the Presbyterian Church reported that, in their days on campus talking with faculty and staff and students, they found "nary a Christian and hardly a gentleman."

Fifty years from now, Regis will, I suspect, still be a strong academic institution serving youngsters and adults. But, will we, like my alma mater, end up excellent at teaching people how to use the academic disciplines to understand information, but no longer a place where the faculty and staff are different because they see Regis as a place to search for meaning, a place to say yes to God by serving Him in the neighbor, a place where the greatest gift we give our students goes beyond mere academic excellence and includes our modeling for students the joy of a meaning-based life?

If fifty years from now Regis is still true to itself, a big reason will be that you and I really resolve to live our special mission and to share the vision with those who join us.

A practical dimension of our mission: Two years ago I wrote a short paper, "Notes on the Exchange of Ideas." It's a call for a civil style of dialogue at Regis as we talk about election issues. It's election season again, so I've placed copies in the vestibule [see [www.RegisHighlander.com](http://www.RegisHighlander.com)]

But back to the State of the University: The visiting team from the accrediting association was bowled over by YOU. Thank you for the impact you make on our students. Thank you for really living our mission.



## INTERNATIONAL NEWS

## Fire breaks out in the Channel Tunnel

Corey Holton '11  
Staff Writer

London, England--A fire that broke out in the Channel Tunnel linking England and France caused chaos and disrupted the travel plans of thousands on Thursday.

Sources told the BBC that the blaze was started by an overturned lorry containing the chemical phenol, at approximately 4:00pm French time. The fire continued to burn for four hours. It was eventually contained, and everyone was evacuated to safety. CNN reports that six people suffered smoke inhalation, while another 26 were treated but not hospitalized. Eurotunnel, the firm responsible for the oversight of the Channel Tunnel, tells CNN that no passenger trains were in the tunnel at the time the fire started. There were 32 passengers aboard the train carrying the trucks that caught fire.

The thirty mile long Channel Tunnel, opened in 1994, connects England with France. The \$15 billion project was designed to move passengers and freight economically. There are three main passageways that make up the Chunnel: a northbound tunnel, a southbound tunnel, and a service tunnel in the middle. Passengers were evacuated to the service tunnel where rescue workers were able to transport them back to safety. According to the BBC, the fire broke out only seven miles from the French entrance to the tunnel.

Significant delays were caused by the fire, and thousands of passengers were stranded. Eurostar, the firm in charge of managing passenger traffic in the tunnel sent trains back to their original stations. The BBC reports that vehicles were backed up on the British and French sides. Police have closed down parts of the motorways, as travelers stack up in bumper to bumper traffic.

As of Thursday, September 11, 2008, officials are hoping to have the tunnel open to traffic on Friday, but there is no official word as of yet.

## Regis heads to Australia for World Youth Day

Kathryn Brisnehan  
Associate Editor

We spent the night, under the stars, with hundreds of thousands of others, who had also gathered at Randwick Racecourse. When we woke up Sunday morning, July 20, we found that our assigned seating placed us only 10 feet from the center of the action.

On that day, Australians and others from all parts of the world gathered for something much different than a horse derby. Soon Pope Benedict XVI would circle the racecourse in front of our group to greet the thousands of pilgrims. This was the third time we would be with the Pope, during the six days that made up World Youth Day in Sydney, Australia.

Our Regis group of 12 listened to the Pope call on the youth of the world to create a "new Upper Room," just as the Holy Spirit had descended on the disciples in the upper room after Jesus' resurrection. The Pope's call concluded our 18 day pilgrimage.

## MAGIS--Ignatian spirituality and culture

During our first 10 days in Australia, Regis participated in the Jesuit sponsored, MAGIS program. MAGIS, meaning "the more," seeks to help young adults discover God's place in their lives. This program provided us with interpersonal interactions and experiences of Australian culture that we would have not otherwise experienced.

On the second day, the Regis group split in half to go on two different "experiments," in different parts of Australia. My half of the group went on an experiment of pilgrimage and community service with seven Hungarians and six Malaysians. During our week together we traveled to the small Australian town of West Wyalong, about eight hours from Sydney, and Canberra, the capitol of Australia.

Our days of service included cleaning up a rural parish and helping care for seniors at a nursing home. The opportunity allowed us to give back to the Australian community who had been so hospitable to us. During this time we were able to break language barriers among the members of our group and become very close with our international friends.

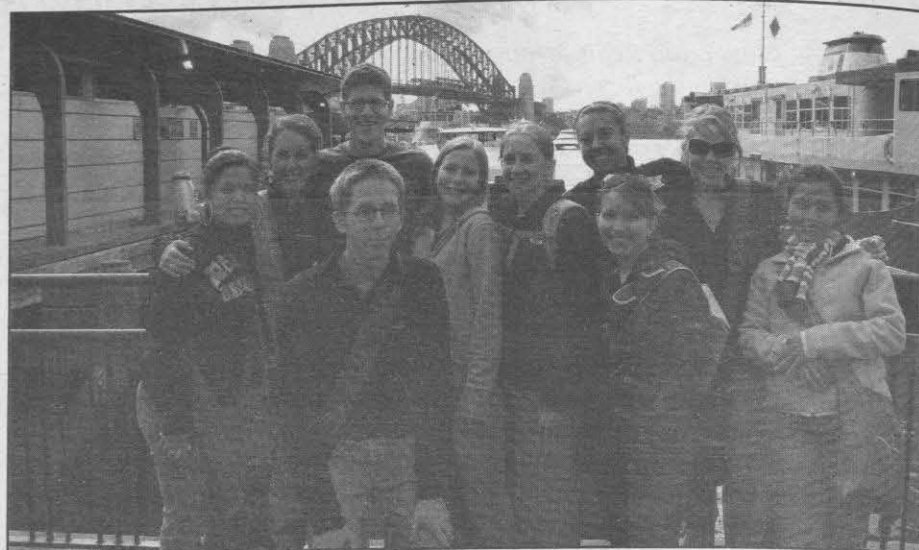


PHOTO COURTESY OF: Kathryn Brisnehan  
The World Youth Day group in front of the Sydney Harbor Bridge our first day in Sydney, July 5. Left to right: Christina Chacon, Sarah Moran, Joe Vuletich, Joe Grady, Kathryn Brisnehan, Maria Foy, Rachel Chavez, Jenni Filipi, Michelle Bryan, and Patty Moncada.

The other half of the Regis group traveled to the Blue Mountains, about two hours outside of Sydney. During the experiment they took "bush walks" (hikes) and became friends with the Singaporeans in their group.

The last three days of the MAGIS program invited all 1,200 participants back to St. Ignatius College Riverview (our host college the entire time we were in Sydney) to reflect on our experiences of the previous week and prepare for the upcoming World Youth Day.

## World Youth Day

World Youth Day began under Pope John Paul II in 1986. This event occurs in Rome annually, except when it travels to an international location every two or three years.

Regis University's connection to World Youth Day goes back to 1993, when the event was held here in Denver. Regis helped sponsor and host this event, which drew hundreds of thousands from around the world.

World Youth Day 2008 also drew many thousands of pilgrims, approximately 110,000 from 170 countries. In fact, on the first day of WYD we saw hundreds of flags being carried by pilgrims from every corner of the world marching past us on the way to the Opening Mass. The multicolored flags and chants in many languages increased my excitement for the coming days.

As WYD continued, many different events occurred in Sydney. There were

over 300 concerts, including Father Stan Fortuna, a rapping priest from New York, as well as other speakers and exhibits.

The third day included the Papal Arrival, our first chance to hear the Pope's words in person. We were very excited to see our assigned section at the front of the pilgrim area within 50 feet of the stage where the Pope would welcome us to WYD. The crowd pressed in as the Pope arrived with everyone chanting louder and louder, "Benedicto, Benedicto!"

The Pope's message thanked our Australian hosts and welcomed all of us to WYD. He referred to the creation story in Genesis as he recalled his flight over the earth to reach Australia. Seeing the natural beauty of the world, reminded us all of the environmental and humanitarian issues that face the world today. We must be good stewards of the earth and care for it and its entire people in a responsible manner.

We had the opportunity to hear the Pope speak two more times at the final gathering of WYD at Randwick Racecourse. On the morning of the fifth day we began our pilgrimage to the Final Mass location. This journey took us about five miles over the Sydney Harbor Bridge and through the heart of downtown Sydney.

That evening the Pope presided over an Evening Vigil. The racecourse was filled with people all holding small lit candles.

See World Youth Day on next page

## Green is in: Working towards a more sustainable university

Zach Owens

Director of Sustainability, RUSGA

Green is the new black...or is it the new pink? Whatever color it's replaced, green is in. Commercials about eco-friendly products flood television screens, presidential candidates promise a shift towards renewable energies, and Victoria's Secret has started selling booty shorts that say "green" on them.

But green is deeper than television commercials and booty shorts. It's about living sustainably in our everyday lives. It's about considering the impact our actions have on the people, animals, plants, ecosystems and world around us. The most important part about being green, though, is changing our lifestyles and actions if they have negative impacts on the environment around us.

The green environmental movement has become my biggest passion during my time at Regis. I spent my sopho-

more and junior year working as the senator and president, respectively, for the student club SPEAK (Students for Peaceful Environmental Action and Knowledge). SPEAK worked to increase environmental awareness on campus through events like film series and local food days. Many of the club's members and supporters were also instrumental in passing the student legislation that brought Regis its bus pass and recycling programs.

Last year when Marcus Trucco, Will Gohl, and Crystal Kay won the RUSGA elections, they created a Director of Sustainability position in the RUSGA executive cabinet. I was honored when they offered me this position, and gratefully accepted.

I soon realized that this new position was the perfect opportunity to take the student sustainability efforts at Regis to the next level. Over the summer I attended a Greenpeace conference in Boston and spent a lot of time reading about student environmental organi-

zations across the country. In time, I morphed SPEAK into the Regis Sustainability Committee.

The committee is a lot more organized than SPEAK was. It is comprised of ten highly motivated and dependable students who are dedicated to environmental justice at Regis and in the world. Instead of a club struggling to fundraise, we are now a committee funded through the RUSGA executive cabinet. Finally, the committee members' duties are more clear and defined. I am currently in the process of appointing the following positions: Director of Recycling to oversee the recycling program; Director of Public Transit to oversee the bus pass program; Climate Coordinator to focus on global warming; and Campus Green Coordinators to focus on researching specific issues, such as using recycled paper on campus, developing a sustainability staff position, and bringing more local and organic food to Regis.

In July the RUSGA executive cabi-

net attended the National Jesuit Student Leadership Conference in Seattle, where Dave Law, the director of student activities, and myself gave a presentation on Regis' sustainability efforts. I was pleasantly surprised to find that Regis students are leaders in the environmental movement compared to our sister schools. As a student body, we have brought recycling, bus pass, and bike-share programs to our campus; and we are the only school that has a sustainability position in its student government executive cabinet. Sure, a lot of improvements need to be made, but us students should give ourselves a pat on the back for what we have accomplished.

I look forward to the environmental efforts the Regis Sustainability Committee and RUSGA executive cabinet will make this year, and I encourage Regis faculty, staff and administration to follow the lead students have taken with the green movement.



# A call to end America's fiscal crisis

**Jimmy Sengenberger**  
Staff Writer

The United States of America is at a breaking point. From the ashes of the failed borrow-and-spend policies of the Bush Administration, America's fiscal crisis has arisen—a crisis that mandates that action be taken now.

Under Bush, the federal debt has grown by a whopping 65%, up \$3.9 trillion from an already frightening \$5.7 trillion debt at the end of the Clinton Administration to a disgustingly high \$9.6 trillion.

As a result, the nation is put in a perilous situation. It is important that individuals who provide for their families stay out of debt, but it is absolutely critical that a government with 300 million people to provide for maintain a balanced budget.

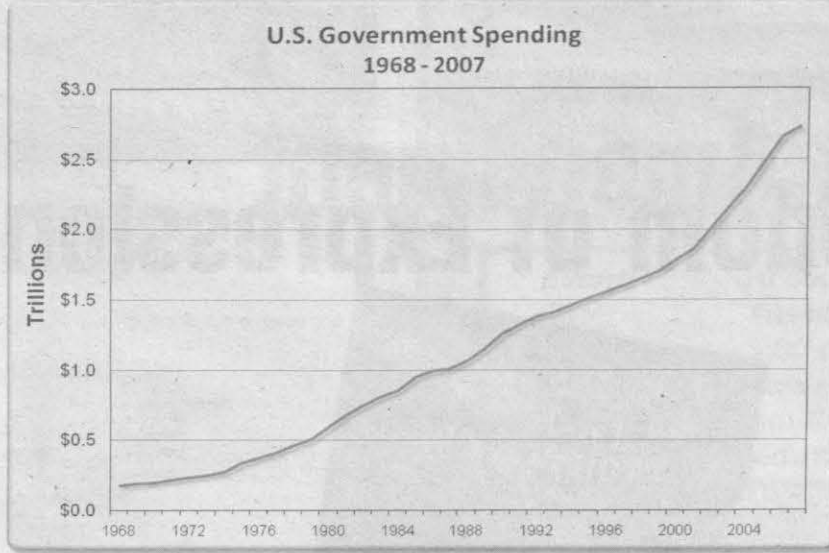
When President Bush took office in 2001, the economy was descending into a recession, a process sped up by the September 11 terrorist attacks. And so, in 2001 and 2003, Bush wisely saw fit to cut tax rates in what has become known as the "Bush tax cuts," which were attempts to stimulate the economy and thereby increase government revenues, as Presidents Coolidge, Kennedy and Reagan did successfully.

According to PerotCharts.com, a website created by former independent presidential candidate Ross Perot, federal tax revenues initially "dropped considerably." And yet, from 2004 to the present, total increases in tax collection reached a yearly average of 9.5%, "the fastest pace in 40 years."

Such statistics reveal that it is not the tax cuts that have caused the rise in the federal debt; rather, it is the spending that is at issue.

"In Bush's presidency so far the federal budget has grown by 27% after adjusting for inflation," said economist Stephen Slivinski, director of budget studies at the Cato Institute, in an August 2006 Denver Post article. "That's more than twice as fast as during the eight years of President Clinton."

According to the same article, even when entitlement, defense and home-



Source: Congressional Budget Office  
The Budget and Economic Outlook, January 2008, Table F-1

PHOTO SOURCE: <http://perotcharts.com/category/challenges-charts/>  
Each year the federal government spends more than in the year before. Under the Bush Administration, the United States government has experienced one of the sharpest climbs in spending in history. At the end of the 2007 fiscal year, the government spent \$2.73 trillion, accumulating a deficit of \$162 billion. The debt is the sum total of all deficits.

land security spending are omitted, the growth of federal spending under Bush surpasses that of all previous presidents, including the 4.1% rate of Lyndon Banes Johnson, until now our biggest-spending president. As of 2006, Bush's rate of growth stood at 4.5%.

Surprisingly, the Iraq war is a remarkably small factor in why the debt is so high. According to the Congressional Research Service, Iraq war spending will stand at approximately \$653 billion into 2009, the equivalent of 6.8% of the federal debt.

In fact, according to the Office of Management and Budget, the top two components of the budget are entitlements, at 53%, and (general) defense, at 20%.

Therefore, the most import component to address is entitlement programs, such as Medicare and Social Security, which are those social welfare programs provided to all, irrespective of the circumstances. Their 2007 costs alone totaled \$1.2 trillion—more than double the defense budget—and as the baby boomer generation swarms the programs, their bite will become even

larger.

"We're so dependent on other countries right now, [and] America relies so heavily on these other countries, that I think we need to take a couple steps back and start making things here," said freshman Ben Sabados. "Americans need to get a kick in the face. The government needs to cut back on their spending on these programs that Americans take so much for granted."

One of the most frightening examples of to whom our debt belongs is China, one of our biggest creditors, to which we owe nearly \$500 billion, according to The Washington Post. While China imports children's toys, doused in toxic chemicals, the government is content with simply recalling the products. Could the debt be why the government isn't fighting to protect the nation's children?

"There has to be a point where it stops," said freshman Robert Quick. "I think it would be good if we depended more on ourselves rather than others to cover our back."

With \$9.6 trillion debt and 300 million people, every man, woman and

child in this country owes the government more than \$30,000 in order to pay it off. And it is incumbent upon the younger generation to foot the bill.

"We [our generation] shouldn't be responsible for the faults of our [present] government," said freshman Breanna Beston.

Indeed, for the sake of the next generation, it is imperative that the government address the root cause of this crisis: expenditures. Yet the spending may well be merely a symptom of a greater problem: the American people, who covet more programs while simultaneously wanting low taxes.

"The problem is politics," said economics professor Susan Jacobson. "Our voters need to come to their senses and not support candidates who support lower taxes and higher spending."

There is also a question, however, of where the money is going to and what the justification for that spending is.

"A lot of people will jump to conclusions that debt is bad. I would say it's more complicated than that. I think the real issue is, what are you using the borrowed money for? You have to ask yourself, for what purpose?" said Jacobson. "[But] is it sustainable? Well, not forever."

One thing, however, is certain: Given how dramatic the rise in the debt has been and the impact it will have on the younger generation, the time for action is now. The question is, will there be the political will to do what must be done?

## Suggested Links:

--Perot Charts: [www.perotcharts.com](http://www.perotcharts.com)  
--The National Debt Clock:  
[http://www.brillig.com/debt\\_clock/](http://www.brillig.com/debt_clock/)  
--National Center for Policy Analysis:  
The Federal Debt:  
<http://www.ncpa.org/iss/bud/>  
--The Office of Management and Budget:  
<http://www.whitehouse.gov/omb/>

*Jimmy Sengenberger is a first year student from Colorado Springs, CO.*

## World Youth Day from previous page

The beauty around me was breath taking; people from all parts of the world gathered peacefully together under the Aussie night sky to glorify God.

After seeing the Pope from 10 feet away on the morning of the Final Mass, we heard his last message to the

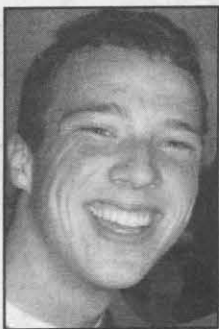
"...the Holy Spirit remains with me every day."

youth of the world. Creating a "new Upper Room" calls us to find the Holy Spirit in our day to day lives. We bring hope for the future of humanity. As we celebrated the Eucharist I could feel the embrace of God's love through the unification of Jesus' followers.

World Youth Day provided an invigorating experience free from the daily distractions of the world. This time allowed me to focus on prayer and discernment, which can be difficult with the busy college lifestyle including classes, jobs and homework. At times it has been difficult returning to everyday life, but remembering the thousands of God's followers gathered in Australia provides a peace that the Holy Spirit remains with me every day.

## Why here? Why now? Your personal journey & spirituality

**Robert House**  
'09  
Contributing  
Writer



May I join the hoards and welcome you to or welcome you back to Regis. I hope that your summer was full or rest, regeneration, learning and growth.

Let me introduce myself. My name is Robert House and I am entering my final year here at Regis. I study Politics and work for the University Ministry office as the Publications and Marketing Director. A part of my job is general office work for the staff, but I will also be coordinating this weekly column in the Highlander. I will contribute every so often, but will also be getting other students, and maybe even a Jesuit or professors to write. The purpose of this column is to share a short, spiritual message with you once a week.

Sometimes those messages might make a difference, but they will, from time to time, just fall to the wayside.

That is okay though, this column will not be a place for rants and raves on Catholic doctrine, but instead a launching off point for what we as spiritual college students can all think about. I hope that this will spark conversations with your neighbor in Desmet, or around the lunch table.

Find a passion here. Join a club. Make beautiful friendships. Share your love. Rest. Regenerate. Learn. Grow. Do something, anything, so that you can say "For this, I came."

Last year I studied in Florence, Italy with our sister Jesuit school, Gonzaga University, based out of my hometown of Spokane, WA. While there I was a member of a Cura group, a small faith sharing group which Regis also offers. A friend of mine was taking his turn to lead our Cura and decided to talk about love. He shared a line from the book *Small Miracles Of Love & Friendship*. "The sudden impulse to go left when we intended to go right may well be the pull of another person's prayer."

Fr. Robert Spitzer S.J., president of Gonzaga University, talks in his book "The Spirit of Leadership" at great

length on purpose. He uses a four word phrase which dictates his purpose. It, while simple, is quite insightful: "For this, I came." For what have you come to Regis? Why here? Why now? You might not be able to answer that now, but hopefully you will find something during your time here that ignites your

passion; something that you would spend an early morning working on, something that will make you rise to your peers and say "For this, I came."

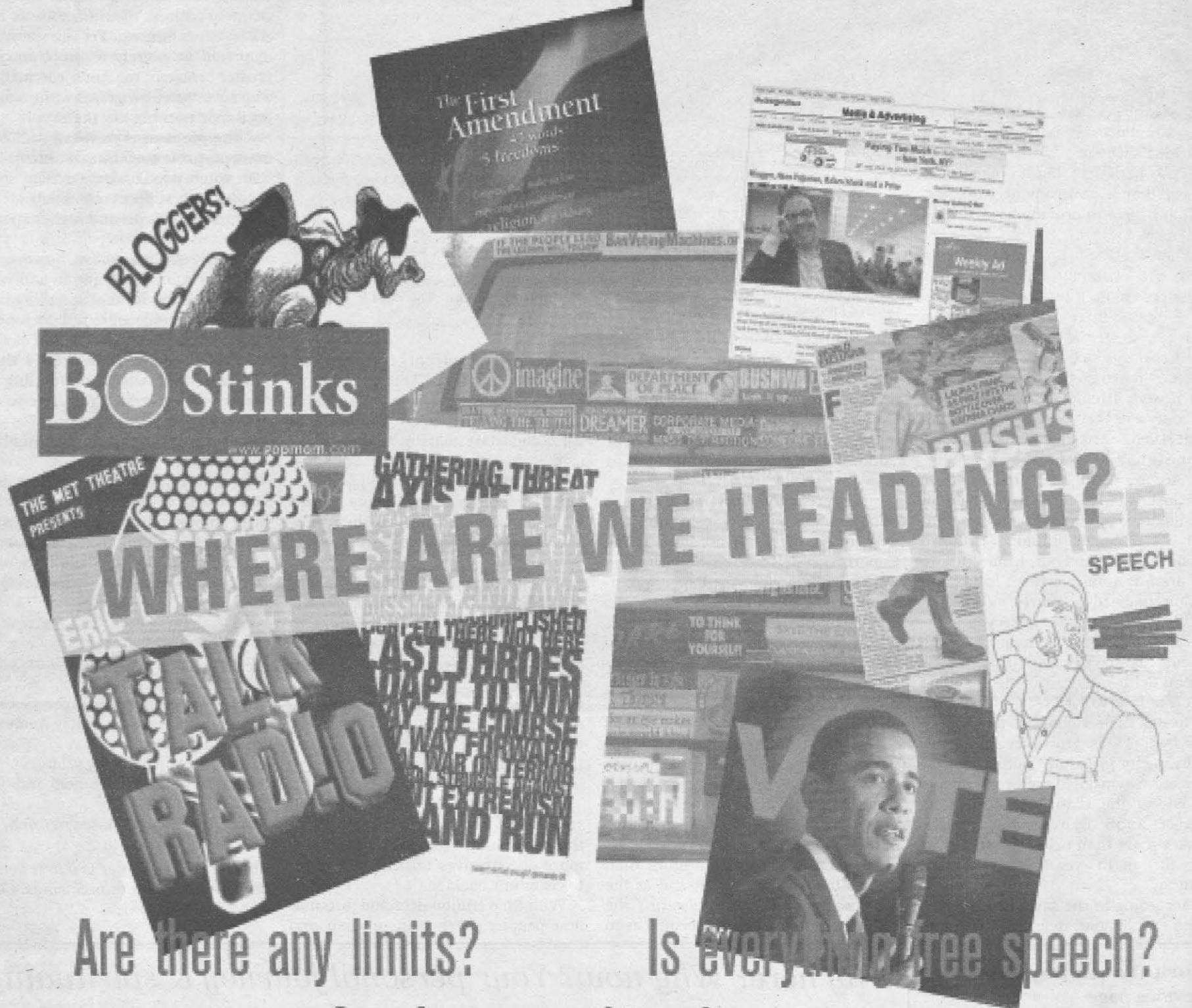
For this, I write.

I hope that through this column I can start a conversation throughout the Regis community. Those contributing will be writing about various topics and ideas, so be open to those calls to go left instead of right, for you never know where it will lead you. Find a passion here. Join a club. Make beautiful friendships. Share your love. Rest. Regenerate. Learn. Grow. Do something, anything, so that you can say "For this, I came."



DIVERSITY dialogue

# The First Amendment Freedom of Expression



Are there any limits?

Is everyone free speech?

Can I say anything I want?

Thursday, September 18  
8-10 PM, Student Center Dining Room

Everyone is welcome to be part of this lively discussion.

Food and beverages will be provided

For more information contact the office of the Assistant Provost for Diversity at (303) 964-5304.

Co-sponsored by Student Activities and the Peace/Justice Office



## SCHEDULE FOR ON-CAMPUS ACCOUNTING INTERVIEWS

For details on resume submission go to  
**CAREERLINK** at [www.careerservices.com](http://www.careerservices.com).  
Click on CareerLink

\*\*\*\*\*

September 17, 2008  
Colorado Office of the  
State Auditor

October 1, 2008  
McGladry & Pullen

September 23, 2008  
Fortner, Bayens, Levkulich & Co.

October 2, 2008  
BKD

September 24, 2008  
Gordon, Hughes & Banks

October 6, 2008  
Ernst & Young, LLP

September 26, 2008  
Richey May and Co., LLP

October 8, 2008  
Rothstein Kass

September 29, 2008  
Deloitte LLP

October 9, 2008  
Wagner, Burke & Barnes

September 30, 2008  
Hein and Associates

Questions regarding interviews?  
Please call:

Karen Metzger Adducci  
At 303-458-3509 or [kmetzger@regis.edu](mailto:kmetzger@regis.edu)



Graduating in 2008 or 2009?  
Start your internship or  
job search now !!

## Attention Accounting Majors!

**Event:** Accounting Mixer  
**Date:** Tuesday, September 6<sup>th</sup>  
**Time:** 5:00 pm - 6:30 pm  
**Location:** Lowell Campus,  
Adult Learning Center,  
Mountain View Room

Opportunity to talk to small, medium, and large  
firms from the Denver area about job and  
internship opportunities!

Attend one of the following workshops  
to prepare for the Accounting Mixer  
and/or the industry hiring cycle:

DTC Campus, Room 89	Monday, Sept. 8	5:15-5:55 pm
Lowell Campus, Loyola Hall, Room 27	Tuesday, Sept. 9	5:00-6:00 pm
Lowell Campus, Loyola Hall, Room 15	Wednesday, Sept. 10	5:00-6:00 pm
Colorado Springs Campus, Room 118	Thursday, Sept. 11	5:15-5:55 pm



Sign up for the Accounting Mixer and the workshops  
on CareerLink at [www.regis.edu/careerservices](http://www.regis.edu/careerservices)  
Questions? Call Career Services at 303-458-3508 or  
800-388-2366 ext. 3508

## MEET THE INDUSTRY NIGHT:

# ENCANA™

Recipient of 2008 Corporate Award for  
Environmental Excellence

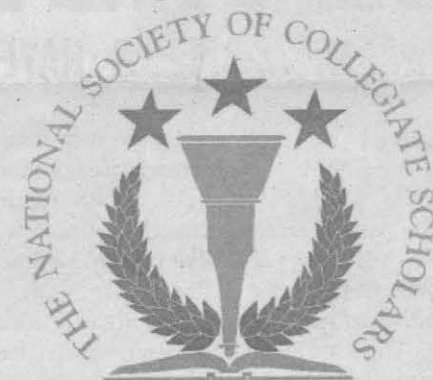
They will be discussing the oil and gas  
industry, and EnCana's wide array of job  
opportunities.

Wednesday, Sept. 24, 2008

5:00 to 6:00 pm

Lowell Campus Student Center

Faculty Lounge



# SCHOLARSHIP. HONOR. INTEGRITY.

## NSCS INDUCTION CEREMONY

MONDAY, SEPT. 15, 2008

6 P.M., MOUNTAIN VIEW ROOM

REFRESHMENTS & TREATS TO BE SERVED AFTERWARD!





PHOTO BY Mary Beth Callie

On Wednesday, Aug. 20, Resident Assistants tried out the new bicycle rentals as part of R.A. training. R.A.s toured the Berkeley and Highlands neighborhoods. Groups stopped at Berkeley Park, Elitch Gardens, Sloan's Lake, 32nd and Lowell, and other sites in order to gain historical perspective on the area and what it has to offer. Above, R.A.'s pose in front of the old Carousel at Highlands Garden Village, once Elitch Gardens.

## FREE-RIDIN'

### GET ON IT. RENT A BIKE. & HAVE FUN!

#### Highlander Staff Bike Rental Summary

The Regis Bicycle Rental program debuted in April 2008 with several planned bike rides down the nearby Clear Creek Trail and around the Berkeley neighborhood. The idea for a free bike rental program first developed in Dr. Mary Beth Callie's COM 210 course (Introduction to Public Speaking) in fall 2007, as part of an emphasis on community-building. Following a group presentation on cycling opportunities in Denver, Dr. Callie recommended that students look into the possibilities of a bike rental program at Regis, to promote exercise, sustainable living, and exploration of the area.

After conducting research and interviews, student Maggie McNamara advocated for a new Regis rental program in her persuasive speech and the idea was pitched to RUSGA Vice President Marcus Trucco and Kathryn Redmond, director of the RUSGA Community Involvement Committee (CIC), in February 2008.

The CIC, which was formed in 2006 to promote connections with the neighborhood, decided to underwrite the cost of 10 "hybrid" bicycles for a new rental program (hybrids combine

a sturdy mountain bike frame with thinner tires). Students in Dr. Callie's spring 2008 Public Relations course publicized the new program through a bike ride and other promotional materials.

Jeff Strickland, assistant director of Student Activities and Outdoor Adventures; programming coordinator Tim Micek; Dave Law, director of Student Activities, and CIC members collaborated to establish program logistics, including a process for renting, maintaining, and storing the bicycles. Strickland and Micek built a storage area for the bicycles on the second floor of the Student Center.

This summer, Dr. Callie worked with Sara Miller, residence life coordinator, to develop a bicycle tour of the neighborhood for resident assistants, as part of training. On Wednesday, Aug. 20, Dr. Callie gave two-hour historical tours of the Berkeley-Highlands neighborhoods, including stops at Elitch Gardens (now Highlands Garden Village), Sloan's Lake, 32nd and Lowell, and Rocky Mountain Lake Park. As part of Orientation, the Community Involvement Committee also offered a tour of the neighborhood to 10 first-year and transfer students, with Dr. Callie as the guide.



Students enjoy the sites on Tennyson Street, including Oriental Theatre, as part of the first neighborhood bike tour in April 2008.

## NEIGHBORHOOD RIDES MADE POSSIBLE WITH REGIS RENTAL BIKES

#### Vince Garzone Staff Reporter

It had been almost eight years since sophomore Patty Moncada had rode a bike. While walking in front of the Student Center, however, Moncada saw a poster advertising the first ever "Community Bike Ride." Excitedly, she asked her friends, Rachel Chavez and Noe Neal, also sophomores, if they'd want to come along. "It was the spur of the moment," Chavez and Neal said.

On Sunday, April 13, on a sunny spring afternoon, the three friends gathered at 1:45 p.m. in Regis Lot 3 with several others, including members of the new Regis Bike club, decked out in their new Regis cycling wear.

"Alright, lets go!" a student encouraged. Moncada put her feet on the pedals of the new glimmering silver hybrid bike, rented from the new Ranger Rental program. Despite an eight year hiatus, she had not forgotten her balance. "It was fun! A piece of cake," Moncada exclaimed.

The ride went out and around the surrounding community of Regis University, specifically through the neighborhoods near Perry Street, and down by the local shops on Tennyson

Street. "Everything is so Sunday-ish. It's a perfect Sunday," said Dr. Mary Beth Callie, assistant professor of communication. Parents played catch with their children on the soft green grass of a baseball field, with the sounds of an ice cream truck in the background. Families in their yards tending to housework waved with a smile as the bike riders passed.

"I really want to go back to Sabor Latino," Chavez said, of the restaurant on 35th and Tennyson. "The houses too, are so beautiful. I would love to go back through the neighborhoods," she said. "Yeah, the nice thing is the houses are older, so they're not the cookie cutter-style like some of the newer homes. Each of these homes has their own unique style," Moncada added.

After the hour-long ride concluded and the rental bikes were returned, Moncada, Chavez, and Neal reflected on their experience. "It was a great refresher from homework," Chavez said. "I got the feeling that everything was going to be o.k. when I was on the ride," Neal added. "It really reminds you that there is life outside of college. Sometimes you forget that," Moncada said. The friends look forward to renting bikes again soon.

## READY TO RENT?

Head over to the RUSGA office with  
your Regis ID!



# Thài Bao

## Inviting atmosphere, yummy Vietnamese food

**Maricor Coquia**  
Editor-in-Chief

Enter the doors of Thài Bao, and you can't help but feel welcome.

"Hello, how are you today?" greets owner Minh Le to each customer, inviting each person in with a smile. More casually known as "Le," (pronounced Lee), Minh exhibits no discrimination towards new or regular customers. His good-spirit is contagious. And service is top-notch, especially as Le's family works right along side him, with the same contagious hospitality.

"I treat every customer like how I treat my family," says Le. "Only the best quality, so customers don't only come one time, but come back and say to friends, you know, the food is really good."

And the food is really good.

Thài Bao serves an impressive menu of Pho (pronounced fuh), the popular traditional Vietnamese noodle soup, Bun (rice noodle bowls), Cha Gio (Vietnamese-style egg rolls), Goi Cuon (Spring Rolls), and other dishes made fresh daily.

"I like to give customers [what is] excellent," said Le. Le, who is from southern Saigon, admits to even showing customers the traditional-style of eating Vietnamese dishes, just so each person can experience a bit of true Vietnamese culture.

"I tell clients to put the little bit of hot sauce, you know, and hoisin," says Le, pointing to the condiments on the table, for those who order pho.

For those in the know about pho, the earthy, complex flavors of star anise, ginger, onions, cloves, and a flavorful beef broth is simply too delicious not to eat, especially when joined with tender vermicelli rice noodles and your choice of meat (rare sliced beef, well-done flank, chicken, etc.) It's a go-to comfort food.

Though, at Thài Bao, all meals are a comfort on your wallet too. For about five dollars, you can get a bowl of the good stuff, served with all the garnishes: fresh bean sprouts, sweet basil, mint, cilantro, lime, and spicy peppers. Add a bit of that sweet hoisin (plum) sauce and a squeeze of Siracha hot sauce, and the deal is practically a steal. Delicious, and on a college budget!

"Our chicken pho...ooh it's really good too," Le excitedly adds. "Other places, they use beef broth." Instead, Thài Bao simmers a special recipe of chicken broth for their equally tasty "pho ga" (chicken pho).

"Nobody has not liked the soup," said Le's eldest son, Bao, 19, of their "pho ga."

"If you don't like it, that's okay," added Le, referring to any items on the menu. "I want the customer to be happy. I encourage them to try something new."

Born in Thailand, Bao is the inspiration behind the restaurant's name. "Yeah, my full name is Bao Thài Le," he explains. "But in Vietnamese, it's backwards. So it's Le Thai Bao." Bao is currently a sophomore at Denver University (DU) studying Computer Science and Business. Bao's younger sisters Van, 17, and Tien, 15, also help out in the restaurant, while mom, Anh, is the main cook.



PHOTO BY Maricor Coquia

**MEET THE FAMILY:** Thài Bao's philosophy is to "treat every customer like family." Bottom row: "Le," the owner, with wife Anh, the main cook. Top row: Daughters Tien, 15, Van, 17, Bao, 19, and Le's father-in-law.

"This is where we [the family] eat too," added Bao. "That's why [my dad] takes so much care in treating customers like family."

Other items on the menu are also sure to please.

The Thài Bao Noodle Bowl Combo, full of grilled shrimp, chicken, pork, and crispy egg rolls, laid over fresh rice noodles, cucumbers, lettuce, bean sprouts, and peanuts, is another customer favorite.

"People really like that one," said Le. And with good reason. The "house special sauce" is delectably tame for the unadventurous, yet pungent enough for those willing to try something "exotic." Made of fish sauce, chili flakes, sugar, pickled radish and carrots, and a kick of lime juice to up the tang, the sauce is tangy-sweet. Pour a lot, or a little. Yum.

The specialty beverages are also worth a try. For coffee lovers, try the Vietnamese Coffee, a strong French roast sweetened with condensed milk, and served hot or over ice. And if you're looking for a summer favorite, enjoy Thài Bao's fresh lemonade.

In true family fashion, Bao, Le's son, and his sisters, work diligently beside their parents almost everyday, both at the counter, and attending to customers. Bao, in particular, exudes the same friendly personality as Le, and is just as attentive to detail, while always managing time for conversation. Bao and his siblings are also equipped with a bilingual advantage. Talking to customers comes easily when the restaurant's motto is "treat everyone like family."

Le too converses without hesitation with customers in English, although he humbly admits, "I speak only little English." Customers don't seem to mind however.

"I love the food here," says north Denver native Judy Martinez. "The family is great."

"I never go school, you know," Le added. "But I do what I need for my family."

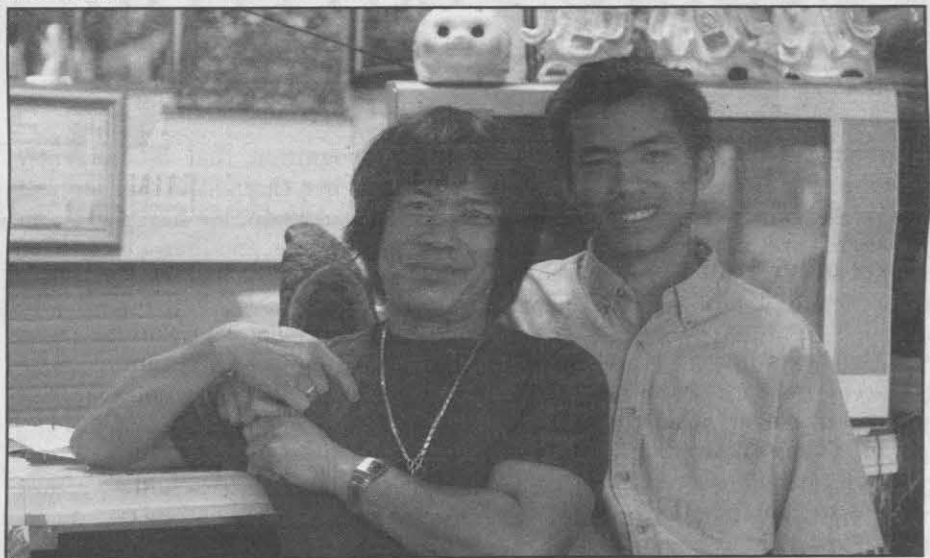


PHOTO BY Maricor Coquia

**IN BAO'S NAME:** The name of the restaurant was inspired by Le's eldest son, Bao, who was born in Thailand. "Yeah, my full name is Bao Thài Le," he explains. "But in Vietnamese, it's backwards. So it's Le Thai Bao." Following in the footsteps of his father, Bao started his own business with his friend John, called Ronin Magnus, a computer-networking company. "Ronin Magnus" stems from the Japanese term "Ronin," the name of a well-regarded samurai, and "Magnus" from Latin, which implies one is the "best at what one does."

"This is where we [the family] eat too," added Bao. "That's why [my dad] takes so much care in treating customers like family."

The welcoming atmosphere is so pronounced at Thài Bao, that regulars and new comers alike feel at ease talking to Le and his children about the business, school, and the like. It really is as if customers become part of the Le family.

Since moving to the United States in 1989, then arriving in Denver in 1996, Le has worked in landscaping, factory work, and the restaurant business. Now, he's trying to keep business running using fresh ingredients, tasty dishes, and a friendly personality.

And it's working. Le proudly hands over a paper with a five-star rating on Denver City Search.

"This restaurant is one of my favorite places. Everything has its own unique taste," wrote a poster. "Every single dish I have tried makes me crave for more."

"Being an experienced Viet food person (from NYC), I believe Thai Bao definitely surpassed my expectations,"

wrote another rater.

Located just past gates by the Ranger Dome, beside Lot 6, Thài Bao is less than a seven minute walk from the Student Center, and about a five minute walk from both freshmen halls, and the townhomes.

For the busy bee, however, Thài Bao also does free delivery for orders of \$13 and up, within a three-mile radius. And it will be none other than Le himself who delivers the goods.

Le's positive energy and personality are hard to ignore, and the food, even harder to resist. Perhaps it's the tiger tooth necklace he wears around his neck, or the tattoo gracefully written on his arm, proudly symbolizing his family blood-line.

"It's good luck," Bao, Le's son explained.

But Le's luck is no happenstance. Head on over to Thài Bao, and you'll see why. Le will greet you with open arms, and good food.





Spoon, a new age rock band with heavy beats and quirky rhythms put on an interesting show on one of the tent stages.  
PHOTO BY Brett Stakelin

## MILE HIGH MUSIC FESTIVAL



**Brett Stakelin**  
Photography Editor

As it is still summer, or the beginning of fall, depending on if you follow the official dates or not, it would be quite difficult for me to do my typical 'Ski Food Review,' so for the time being, I will review various things that I find interesting. For this first review, I will take a look at the Mile High Music Festival.

It was around March of this year that a friend of mine alerted me to the fact that I should probably get tickets to a music festival over the summer. I was a bit skeptical of the whole thing, especially because I hadn't seen and advertisement for such an event, and I would be living 1200 miles away during the summer. Curious I looked into it and quickly decided that it would be worth the drive to attend the festival.

### DAY ONE

July 19th, the first day of the first ever Mile High Music Festival, I was unsure what I was getting myself into. Was this going to be a huge bust, or this generation's Woodstock? Getting to the Dick's Sporting Goods Soccer Complex was no problem. On the contrary, finding any press facilities was a nightmare. Put aside the hour it took me to get into the festival grounds, the event was run miraculously, as least as far as I could tell.

Within a few minutes inside, it was clear that the event planners knew what they were doing. Five stages on one soccer complex was quite an impressive sight: one main stage with the mountains as a backdrop, two large outdoor stages, and two stages in large tents for smaller acts.

I had never been to a music festival, so figuring out which bands to watch was quite an undertaking. I started out at Josh Ritter, a cheery singer-songwriter who should probably get a bit

more recognition that he currently does for his thoughtful yet upbeat tunes. I walked up, saw him play about 3/4ths of a song, and then I took off to the next tent to see former Phish bassist Mike Gordon. Three minutes later I took off again and went back to Ritter's tent stage. I realized I wasn't doing this 'festival-going' correctly.

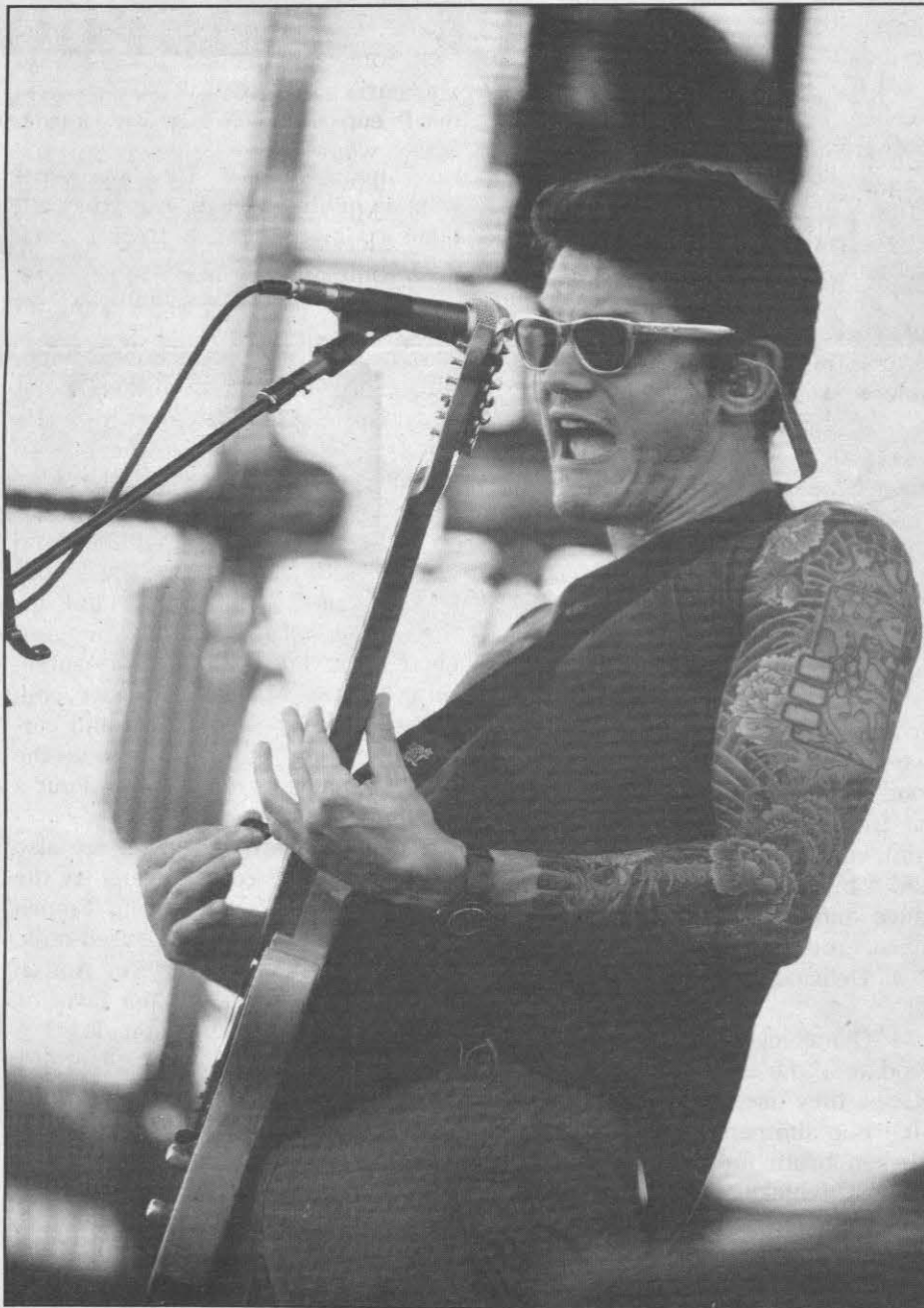
Steve Winwood followed on the 2nd largest of the stages. Winwood, often overlooked for his recordings include an ample dosing of 80's cheese, never disappoints me when on the live stage. Walking out on stage with an aluminum water bottle with boldface type "Simply Eco-Logical" written on it, he held it up as to show the crowd that he supported the festival's underlying theme of promoting recycling and donating to those in need. Winwood played a lively set, switching off between the Hammond organ and is guitar.

After Steve Winwood, I headed back towards the main stage. On my way I stopped and caught the last song of a band I had never heard of, but of which I instantly became a fan. JJ Grey and Mofro is their name, and they play to the tune of southern blues, just my style. My biggest regret of the festival was not seeing their entire set.

Tom Petty and the Heartbreakers headlined the first night. I find it slightly humorous, or perhaps ironic, that a 1970's jangle-rocker could capture the adoration of the same demographic that can't live without their Dave Matthews or John Mayer. Nonetheless the place was packed and Petty did what Petty does. Classy. Playing to the crowd, giving them what they want, it was a great end to a blisteringly hot day one.

### DAY TWO

Day two started off much more laid-back than the previous day. I actually knew where to park, which gate to



Genre-crossing guitar slinger John Mayer kicking it old school with a Rolling Stones cover of "Start me Up."  
PHOTO BY Brett Stakelin

enter, where the media tent was; it was like I was a regular at neighborhood diner, sitting at my favorite table.

My festival-going started with jam band Tea Leaf Green. The crowd was excited, as was I. They came out full force and never let up. My only beef with the band is that I can never feel like they aren't just trying to rip off the now defunct Phish, the kings of the jam band scene for over a decade. Maybe that's not such a crime if the

show is good.

Due to unfortunate overlaps in timing I left Tea Leaf Green early to make it to the beginning of Rodrigo Y Gabriela. Being a guitarist myself, many people had recommended that I see these two classical guitar shredders, but this was my first exposure to their mastery.

See Music Festival on next page



## Music Festival from previous page

Stunned would describe my reaction to what I was seeing. Such a delicate instrument as the classical guitar through the huge speakers of the main stage was quite the experience.

I started to head across the complex to see the Flobots, just to make sure that they didn't repeat the same set that they performed at Regis two years in a row, when John Mayer started thirty minutes ahead of schedule.

John Mayer bugs me. He played the game perfectly: starting out playing soft and sweet songs on his acoustic guitar to get some fans, and then picked up his Strat to rock out the blues once he had enough fans that they wouldn't care what he played. Well I care what he plays. I love the blues, and saw him a year ago and was terribly disappointed when he didn't play any. His set at the festival was a nice compromise.

Starting with a Rollong Stones' cover of "Start Me Up," he played an eclectic mix of all his genres, including "Stitched Up," a song he co-wrote with jazz legend Herbie Hancock. All in all, I was pleased with his set. He had his goofy moments rambling to the audience about how he is paranoid and sometimes interprets signs that say "marry me John Mayer" as saying "\$&#@ you John Mayer." His humor really showed when he came out for an encore with a replica of Eddie Van Halen's Frankenstein guitar, and played Van Halen's "Panama" as the rhythm guitarist crowd surfed.

After Mayer's show I decided to get a sandwich. For the food review fans, here's a little taste to hold you over. I

didn't take notes on this one, but it was a barbecue place from Durango, so I didn't really think anybody would travel there anyways. I got a beef brisket sandwich and sat on a decently quiet hillside and watched the Black Crowes from afar. It was one of the most relaxing moments in recent history. Taking a break from standing in ridiculous heat carrying a good twenty pounds or so of camera gear and watching a great band while the sun was setting really made for a nice moment that I'd like to bottle up and save for later times.

The final set of the festival was Dave Matthews Band. If the crowd wasn't already huge and incredibly energetic, it was doubly so as the stage lit up and the band started. It was an estimated 50,000 in attendance that day, and I'd guess most stayed till the end. Starting out with "Don't Drink the Water," Dave was in top form. As for his band, recent lineup changes led to a different sound that I just couldn't get used to. Butch Taylor, the auxiliary keyboardist was absent for the tour, replaced with Tim Reynolds on electric guitar. I found it strange to have electric guitar solos on songs that are typically just acoustic guitar with horns and a violin. Most people didn't seem to mind as much as I did. The other change to the lineup was a trumpet player and saphonist Jeff Coffin, taking the place of original DMB member LeRoi Moore, who has since passed away from complications from an ATV accident earlier in the year. That change in the lineup obviously had to be made, and it worked, but I think we would have all liked LeRoi to be there.

The Mile High Music Festival, in my eyes at least, was a great success. The only complaints I heard were about parking and traffic on the way in, but

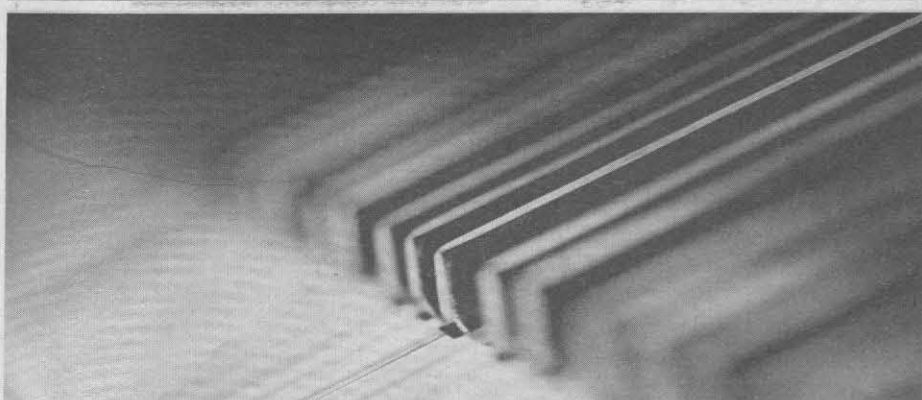


PHOTO BY Brett Stakelin

Dave Matthews putting it all into the music and feeding off the energy of a 50,000 person crowd.

everybody got there eventually, so that's not the biggest problem, is it? There were multiple stations of water fountains set up so that people could reuse their water bottles, as well as more than enough food vendors with decent prices. Five stages, all running

simultaneous and seamlessly on schedule left me very impressed with the organization of the entire event. If it returns next year, I would definitely return, and for being such a great success, I give the Mile High Music Festival five out of five stars.



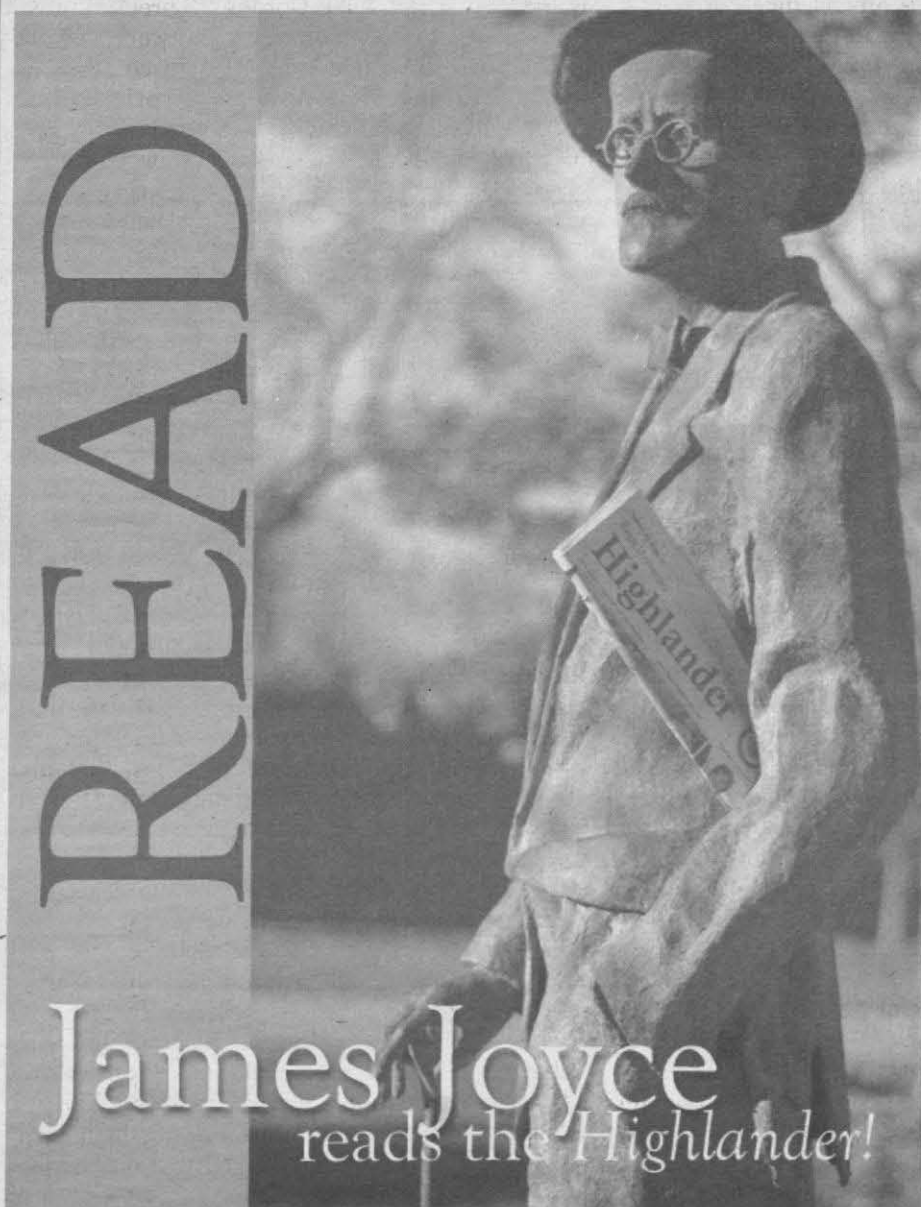
## 'fall' in love with music

### FALL MUSIC FACULTY RECITAL!

The Department of Fine Arts and Music invites all to the fall Music Faculty Recital! Monday, September 22 at 7:30 pm, the Music faculty is going all out to present "The Color of Music." Including pieces by two of our Regis faculty as well as works by a variety of 20th century composers, this idea goes on to include different colors of sound as well, presenting piano, flute, guitar, clarinet, and harp pieces as well as some for marimba and al oud (a Middle Eastern guitar-like instrument). Imagine a variation of "Flight of the Bumble Bee" on a guitar, and you're getting an idea. Go over to Berkeley Community church (one block west of Regis at 50th and Meade) to enjoy wonderful music and a reception afterwards, catered by Berkeley Community Church members. Since it's free and open to the public, don't miss this unique and fun night!

### CIRCLE OF DRUMS

Ever wanted to play in a drum circle? Tuesday, September 16, at 7:30 pm, the Department of Fine Arts and Music presents Hand Drumming for Fun and Spirit, a night of communal drumming. Professor John Galm will lead the community in a series of Arabic, West African, and traditional drum circle music patterns. This program is open to everyone who either plays hand drums or would like to learn how to play them. We will begin with some basic sounds and strokes and develop simple basic patterns. At the end we will create a drum circle of fun and spirit. Come over to Berkeley Community Church (one block west of Regis at 50th and Meade) and enjoy. This is the second time we have presented this program and last year we all had a great time!





COMMUNITY/CAMPUS EVENTS

**Tuesday, Sept. 16**  
**Informational Meeting for Joining the SOA Delegation**  
This year 30 members of the Regis community will travel to Fort Benning, GA to participate in a Pilgrimage to the SOA and the Ignatian Family Teach-In on Nov. 21- Nov. 23. This event, sponsored by University Ministry, is a powerful experience of standing in solidarity with others and being a voice for the voiceless. The meeting will be held in West Hall Conference Room at 4:30 p.m. All are invited. For more information contact Erin Benson at ebenson@regis.edu.

**Wednesday, Sept. 17**  
**Colorado Council on High School and College Relations Fall Counselor Workshop**  
Regis will welcome about 250 high school counselors and college admission officers to campus as the host site for this year's annual workshop. The workshop provides updates on higher education in Colorado and gives Regis an opportunity to showcase its campus. Please welcome our guests to campus!

**Thursday, Sept. 18**  
**Mass of the Holy Spirit**  
Come and celebrate the blessing on the new school year with faculty, staff, and students at 11:00 a.m. in the Regis Chapel. All faith tra-

ditions are welcome. Classes will be canceled at this time.

**Friday, Sept. 19**  
**Study Abroad Applications Due**  
Planning on heading overseas next semester? Applications for Study Abroad Spring Semester 2009 are now available and can be picked up in the Office of Summer Session and Study Abroad - Loyola 12. For more information contact Mary Cook at mcook@regis.edu or call 303-964-5146.

**Sunday, Sept. 21**  
**Second Wind Fund Walk Supporting Teen Suicide Prevention**  
Regis is a corporate sponsor supporting teen suicide prevention in Colorado. The Regis community is invited to join over 3,000 walkers from the community at Green Mountain High School from 11:00 a.m.-2:00 p.m. The registration fee is \$25 for adults. For more information contact Sally Spencer-Thomas at sspencer@regis.edu or 303-458-4323.

**Fri.-Sun. Sept. 19-21, 26-28**  
**Oktoberfest**  
Denver's 39th annual Oktoberfest will offer German attractions including music, dancing, cuisine, and much more. This year also offers the first ever Oktoberfest Denver 10K Run at 9:00 a.m.

Sunday, Sept. 21. Oktoberfest will be held in Denver's Ballpark Neighborhood on Larimer Street between 20th and 22nd Streets. Admission to the event is free. For more information visit [www.oktoberfestdenver.com](http://www.oktoberfestdenver.com).

**Sat.-Sun. Sept. 20-21**  
**Festival Italiano**  
This festival will feature over 70 Italian vendors selling food, wine, gelato, art, and much more. There will also be Italian music and dancing, as well as flag throwers from Florence. The festivities will take place at Belmar, located on the southeast corner of Wadsworth Blvd. and Alameda Ave. from 10:00a.m. to 7:00 p.m. both days. For more information visit [www.belmarcolorado.com/sub/event/festival\\_italiano/index.html](http://www.belmarcolorado.com/sub/event/festival_italiano/index.html).

**Saturday, Sept. 27**  
**Denver Zoo's Wildlife Film Festival**  
This film festival will present award winning nature films with the first showing beginning at noon and the last showing beginning at 7:00 p.m. By partnering with the Denver Film Society, there will be more than eight films presented during this time, along with guest speakers and interactive events. Adult tickets are \$8.75 for a single movie or \$15.00 for an all day passport. A portion of the proceeds will go Denver

Zoo's conservation and education efforts. The films will be shown at Neighborhood Flix located at 2510 E. Colfax Ave. For more information visit [www.denverzoo.org/visitors/events.asp](http://www.denverzoo.org/visitors/events.asp).

**Sunday, October 5**  
**Race for the Cure**  
The Staff Advisory Council (SAC) is very excited to announce Regis University will again have a "team" to represent the University this year at the Komen Denver Race for the Cure at the Pepsi Center. To register with the Regis University team, link to the following site: <http://www.komendenvr.org/> If you have any questions, please contact Peggy Dawson, Chair of the Staff Advisory Council at [pdawson@regis.edu](mailto:pdawson@regis.edu) or 303-458-1843.

**Tuesday, October 7**  
**Science & Technology Career Information Fair**  
Career Services has invited some of the best science and technology companies in Colorado to come talk to Regis students about career opportunities and internships. The fair will be held in the hallways of the Felix Pomponio Family Science Center from 10:00 a.m. to 2:00 p.m. For more information please call Career Services at 303-458-3508.

SUDOKU

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Solution can be found at [krazydad.com](http://krazydad.com), "Easy," puzzle #58 .

So, you have an account on Facebook, Myspace, AND Youtube.

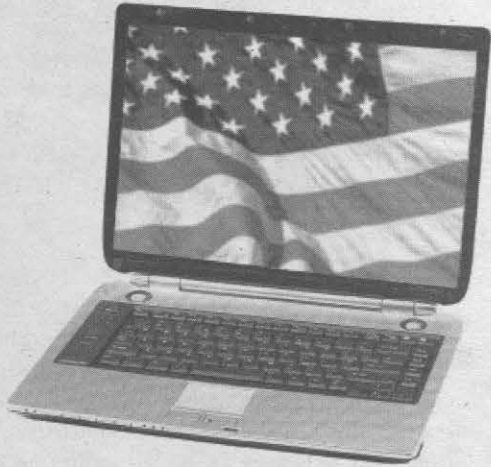
EVEN COOLER:  
BEING ELIGIBLE TO VOTE.

It's easy. Check out:

**ROCK THE VOTE**  
<http://www.rockthevote.org/>

**DECLARE YOURSELF**  
<http://www.declareyourself.com/>

**VOTE SMART**  
[http://www.votesmart.org/voter\\_registration\\_resources.php](http://www.votesmart.org/voter_registration_resources.php)  
(Find your state and download forms.)



And one more thing...

Be ready to 'rock the vote' BEFORE SEPT. 30 to make sure you meet state deadlines. Also, look for the Voter Drive on campus starting Sept. 22 to Oct. 3, 11 a.m.-1 p.m. in front of the Student Center!